

RIGHTS OVER MY BIRTH

I HAVE THE RIGHT TO:

- 1. SAY "NO" AND BE HEARD***
- 2. LABOR IN THE WAY THAT WORKS FOR ME***
- 3. KNOW ALL MY OPTIONS***
- 4. CHANGE DOCTORS, MIDWIVES OR NURSES***
- 5. LEAVE THE HOSPITAL OR BIRTH CENTER***
- 6. NOT TO BE TOUCHED***
- 7. BIRTH VAGINALLY***
- 8. BREASTFEED***



National Advocates
for Pregnant Women

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***IF YOU FEEL YOUR RIGHTS
HAVE BEEN VIOLATED:***

BIRTH RIGHTS BAR ASSOCIATION

WWW.BIRTHRIGHTSBAR.ORG

NATIONAL ADVOCATES FOR PREGNANT WOMEN

WWW.ADVOCATESFORPREGNANTWOMEN.ORG

HUMAN RIGHTS IN CHILDBIRTH

WWW.HUMANRIGHTSINCHILDBIRTH.ORG



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